



# Football - Rugby Union



Dimensions for sport playing areas

Football - Rugby Union is a body contact sport in which the ball may be handled as well as kicked. The game has different rules to Rugby League and teams consist of 15-a-side.

### Dimensions of field

Maximum 100m long x 70m wide.

### Space about Field

Recommended minimum 3m around field (preferred 6m). For a 100m x 70m field including preferred free space and dead ball area, 156m x 81m is required based on maximum dimensions.

### Goals

Height of posts must exceed 3.4m. Height from ground to top of crossbar is 3m. Posts are 5.6m apart.

### Modified Rules

#### Walla Rugby

Pitch size is 70m x 50m.

