



Football - Five-a-side (Indoor)



Dimensions for sport playing areas

Football - Five a Side (Indoor) is basically a game of soccer with modified rules. The game is designed to develop soccer skills and can be played indoors.

Dimensions of field

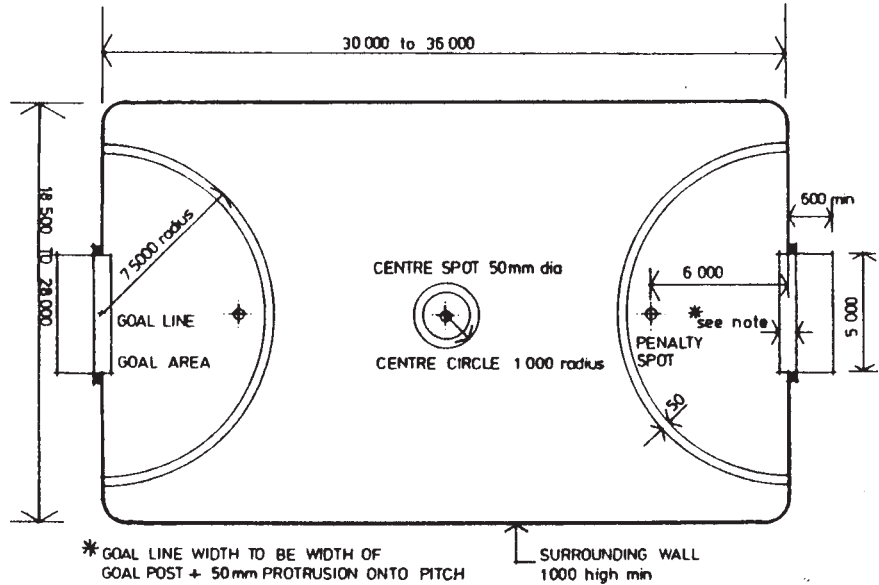
The game may be adapted to the size and space in which it is to be played, however the following are the norms:

Maximum 36m x 28m

Minimum 30m x 18.5m

(For other dimensions refer to diagram.)

Rebound wall surfaces should be at least 3.7m high and preferably up to underneath of ceiling, 7.65m to 9.15m high. However, this game can be played using a 1m high portable wall surround.



VARIATIONS IN PITCH SIZE	GOAL AREA	GOAL SIZE	PENALTY SPOT
pitch less than 30m x 18.5m	6m	3.5m	6m
pitch less than 24m x 15m	5.5m	3.5m	6m
juniors on regulation pitch 30m x 18.5m	7.5m	3.5m	6m

